

THE GLENFARG NEWSLETTER

Issue 208 Oct 2013



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- Explorer Scout Tour de France
- Country Dancing for all
- Glenfarg Winners Again

Suggested Donation £1

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DEADLINE FOR NEXT ISSUE

We always try our best to make sure that your newsletter is available promptly at the start of every even month. If you would like to contribute to the next issue, please inform us with details by the 1st of Nov to allow us adequate time to plan the issue. Contributions should reach us by 15th of November.

Thank you.

The views expressed by contributors to this newsletter are entirely their own. Publication within this newsletter does not imply that the Editors or Community Council agrees with, or supports, those views. The editors will not be held responsible for any factual inaccuracies, or incorrect inferences drawn.

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You can advertise in the Newsletter for very reasonable rates as below which are annual i.e. 6 issues

Full Page £70 per annum

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Single issue advert prices available on request.

Advert enquiries should be made by initially contacting the editorial team.

Editor

Kate Armstrong 830 343

EMAIL ADDRESS
newsletter@glenfarg.org

Treasurer

Gillian Vaughan 830 128

Distribution

Glenfarg Village Store 830 201

Cover photograph

Explorer Scouts take time out from the bikes on their Tour de France Pages 35- 39

Contacts

Service/Organisation	Contact name/ Email address	Telephone
Community Council	Chairperson: Donald MacKenzie	830 225
	Secretary: Janet Watson secretary@glenfarg.org	830 355
P&K Councillor	Cllrs. Barnacle, Cuthbert, Giacopazzi and Robertson	See P&KC website
Police	Non-emergency contact number	101
	Crimestoppers	0800 555 111
Household Utilities	Scottish Water Helpline	0845 601 8855
	Scottish Hydro Electric Helpline	0845 300 999
Dog Warden	Kirsteen Mackenzie	01738 476476
PA Contact	Catherine Fairweather fair_weather@btinternet.com	830 340
Arngask Church	Alex Johnston (Session Clerk) alex@hullion.abelnet.co.uk	830 776
Arngask School	Marie Connor (Head Teacher)	867 250
Accordion & Fiddle	Russell Robertson	830 642
Baby & Toddlers	Sadie Allan s_allan@hotmail.co.uk	830 807
Badminton Club	Alan Clark	830 246
Dance Connect	Rachel Webb	07760 972 359
Beavers	Robert Morton	830 210
Bowling Club	Janet Ewart, Kinross janetewart@btinternet.com	863 929
Bridge Club	Jean Ross	830 212
Cubs	Christine Morton	830 210
Curling - Men's	Arthur Jenkins	830 453

Curling - Women's	Margaret Jenkins	830 453
Folk Club	David Aird	830 370
Football	Alan Fairweather	830 851
GDIB	Kate Armstrong	830 343
Glenfarg Oil Buying Syndicate	Dave Arnold <i>kadavar@waitrose.com</i>	830 136
Knit & Natter	Ineke Watt	830 345
Ladies' Badminton	Annette Eadie	830 547
Matthew Dance Academy	Nikki Matthew	07869 120 989
Old Folks Association	Christian Meldrum	830 437
Rainbows & Brownies	Jan Pedley <i>glenfargbrownies@gmail.com</i>	830 195
Red Cross	Bill Connolly	830 200
Riding for the Disabled	Angela Stocks	830 262
Scouts	Andrew Vaughan	830 128
Soup & Chat	Lindsay Kinnaird	830 337
S Club	Elaine Morton	830 275
SWRI	Margaret Scott	830 369
Tennis Club	Sadie Allan <i>s_allan@hotmail.co.uk</i>	830 807
Village Hall	Elaine Morton	830 275
Website	Janet Watson <i>editor@glenfarg.org</i>	830 355
Wine Club	Steve Mee	830 395
Yoga	Caroline Waring	830 239

Editorial



As usual there are no empty pages in the Glenfarg Newsletter, and is it any wonder when, no sooner have we put this glorious summer to bed, all the Autumn and Winter activities begin. In particular I would draw your attention to page 15 and pages 32 & 33 for activities that may be new to you but could be just the thing to get you out and about. If you prefer to sit back and relax the return of the Glenfarg Cinema could be right up your street.

Speaking of streets, didn't we do so well in this year's Take a Pride in Perthshire. I was lucky enough to be at the awards ceremony this year and it was great to hear the judges highlight and praise the school orchard, the mini allotments and the displays from Marindin to the end of Duncricvie.

By now all of you will have received your copy of the Glenfarg Conversation Survey and hopefully most of you will have completed it. This survey is important for all of us to ensure that all our needs are considered by future decision makers. If you need extra copies of the survey or wish to complete online see page 69 for details. But remember to complete and submit it by 15th October!

This issue has some new adverts both from existing advertisers and new advertisers so as usual every page of the Glenfarg Newsletter has to be read. Don't miss out on special offers, competitions etc. There's also a reminder on completion of your electoral form on page 65. Don't miss out on your vote.

The activities and achievements of the youth of Glenfarg seem to be filling a few pages in this issue and we take this opportunity to thank all the leaders, parents and helpers who contribute so much to turning out this fine bunch of youngsters. I would also draw your attention to the work of young Eilidh Sutherland on eliphoto.com. Many of her photos were taken in and around Glenfarg.

As always my closing plea is

**Get Your Articles, Adverts,
Diary Dates and Event
Publicity to
newsletter@glenfarg.org
by 15th November.**

Thank You

Kate Armstrong



Congratulations

..... to Jamie Morton pictured here with the Morris Quaich which he won at Kinross show. This was awarded to the person with the highest points in the children's section 8 years and under in the SWRI.

..... to Ian Fairweather who was successful at Perth & District Fuchsia Group Show when he won the BFS spoon, the Bob Gourlay Shield, and the AD Trophy and his Fuchsia "London 2000" won him the Muriel Robertson Trophy for the Best in Show. The following week at Fife Fuchsia Show he won the John Howie Quaich, the Victoria Shield, the Glenrothes Development Corporation Shield and was awarded the Bill Friskley Memorial Trophy for Best in Show, this was for a Hanging Basket.

..... to GDIB on winning Gold in the Large Village category and overall Most Improved Community in the annual Take a Pride in Perthshire Awards.

Diary of Events

Date	Event	Where
Oct 4th 1.30pm	Bridge Club	Church Hall see page 15
Oct 6th	Sunday Club break	
Oct 11th	Term ends	Arngask PS
Oct 11th	Miller's Crossing	Glenfarg Cinema
Oct 15th	Glenfarg Conversation Survey deadline	See page 73
Oct 20th 10-12 or 2-4	GDIB Autumn clean up	Meet Glenfarg Green
Oct 24th	GDIB Quiz Night	Glenfarg Hotel
Oct 28th	Term Starts	Arngask PS
Nov 3rd	Holy Communion	Arngask Church
Nov 8th	The Best Exotic Marigold Hotel	Glenfarg Cinema
10th Nov 3pm	Remembrance Sunday	Arngask Church
Every Monday	Folk Club	Terrace Bar
Every Friday	Bridge Club	Church Hall
1st March 2014	Village Concert	Village Hall

A Village Hall for All

The editor's quick guide to regular village hall activities. Does anything take your interest? Then why not come along.

Day	Time	Organisation (contact details if known)
Monday	6pm - 7.30pm	Cubs
	8pm-10pm	Ladies' Badminton
Tuesday	5.15pm-6.15pm	Beavers
	7.30pm-9pm	Yoga
Wednesday	9.30am-11.30am	Baby & Toddler Group
	6pm -7pm	Rainbows
	6pm - 7.30pm	Brownies
	8pm-10pm (in Winter)	Badminton
1st Wed of month	12.30pm-1.30pm	Soup and Chat
	7pm-11pm	Accordion & Fiddle Club
Thursday	7.30pm-9pm	Scouts
Friday	10am - 11am	Chair Exercise

To check on the Village Hall bookings, go to the village website

www.glenfarg.org

and look at the on-line calendar under 'Hire the Hall'



*Mrs Ross cuts the cake at the Village Hall
Garden Party on September 8th*

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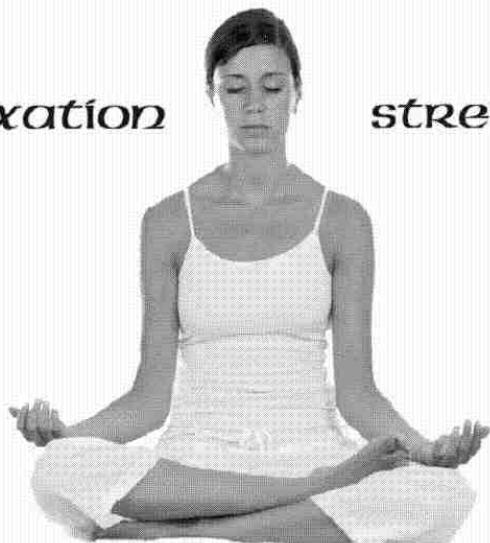
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Thank You

to everyone who gave us their Sainsbury's Tokens.

Once again with your help we have managed to get some new balls for outdoor playtime and also some nice cookery equipment.

From all the children at Arngask Primary School.

Robin and Maureen Lambie are delighted to announce the birth of their 12th grandchild in June when Aileen and Rory had Ronan, a brother for Daniel, Maria and Alannah.

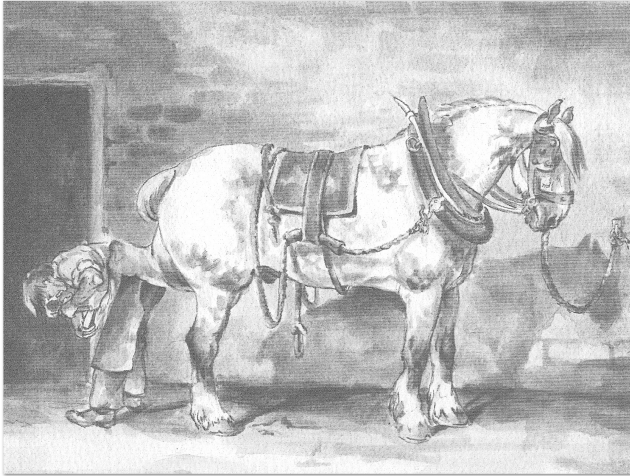


Thank you to all who have contributed already to my recording of Old Glenfarg. Mrs Ross and Mrs Roe (now Dollar) have also kindly agreed to being recorded as they recount their memories.

Hopefully over the winter months, with the invaluable help of Robin Watson, I'll be able to produce the next installment of the Glenfarg History Project.

John Armstrong

*Colin Gourdie Dip. W.C.F.
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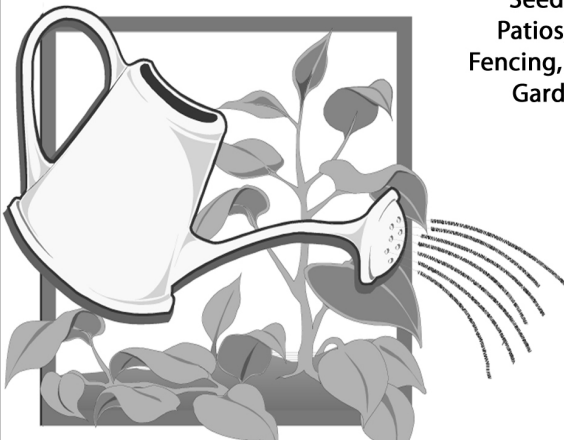


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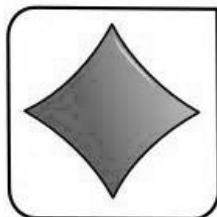
Glenfarg Bridge Club

The Winter season of the Glenfarg Bridge Club starts in the Church Hall on October 4th at 1.30pm for 1.45pm.



New members will be very welcome to join us on a friendly, sociable afternoon when we enjoy playing cards. Whether you are a complete beginner or even if you have not played for some time and feel a bit rusty, we will be delighted to have your company.

The club began in 1989 as a mixed bridge club but sadly our last gentleman has had to give up. The club is currently in need of a good injection of fresh younger blood, both ladies and gentlemen, thereby ensuring the continuation of this social gathering.



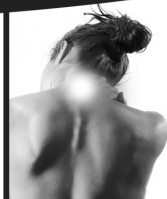
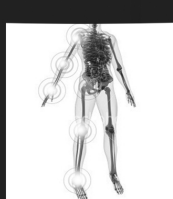
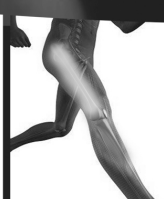
I will be happy to answer any questions and provide more information on 830319.

Sheila Harley
Club President

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Thank you

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from Newsletter Editor and team.

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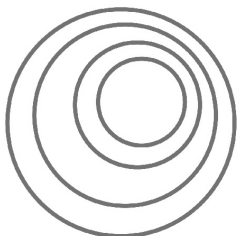
How did they get there?

Have you ever wondered how three curling stones ended up in the wall on Main Street?



Many of our older residents will remember George (or Dod as most knew him) Brunton who was the milkman in Glenfarg from 1947 until the 1960's. Dod always said "I'll leave my mark on Glenfarg one day" and that is exactly what he did.

When the Glenfarg Curling Pond was closed Dod took the opportunity to recover some of the discarded stones from the bottom of the pond. When he ran out of folk who wanted them for doorstops etc., he added the last three to the pile of stones being used for the new wall along Main Street at the time when the motorway was built.



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The Cinema Returns

Glenfarg Community Cinema started its new season in September by showing the sequel to one of the most popular films from last year's programme.

Manon des Sources tells what happens when Jean de Florette's daughter grows up and wants revenge on the village that shunned her family – particularly the two men whose greed led to the death of her father. The source of the water supply is key to everything, and with past sins paid for and the water flowing, it looked like we were at the happy ending.

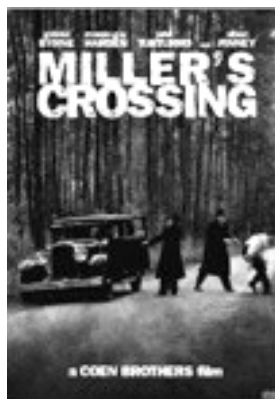
But no! There's a twist – it turns out that . . .

I'm not going to print a 'spoiler'. If you want to know the ending, you will have to ask someone who was there – or see the film yourself. Here is what our audience thought of it.

Awful	Poor	OK	Good	Fantastic
0%	0%	7%	21%	72%

Miller's Crossing

October 11th



Our next film is reputed to be the Coen Brother's best. Described as 'a stylish, brutal and disturbingly beautiful gangster epic', it is even more than this, with dark humour, cracking dialogue, brilliant performances and electric twists and turns.

I think that any film that Albert Finney chooses to be in must be exceptional. So – be there!

Janet Watson

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Church News

Church Christmas Sale The sale is to be held in Glenfarg Village Hall on Saturday the 30th November from 10am until 12noon. There will be the usual stalls, Cake and Candy, Tombola, Christmas bags, Christmas hampers, and refreshments. All welcome.

Sunday 6th October Sunday Club breaks for the autumn holiday.

Tuesday 15th October Kirk Session meets in Arngask Church Hall at 7.30pm.

Sunday 3rd November Service of Holy Communion at 9.30 am. Cards will not be issued for this service.

Sunday 10th November Remembrance Sunday. Service in Arngask Church at 3pm followed by a short service of Remembrance at the War Memorial “at the going down of the sun”. There will not be a service in the Church at 9.30am.



Sunday 1st December Advent Sunday. Gift Service in Arngask Church at 9.30am.

Scout Summer Camp 2013



The scouts and leaders joined forces with another small rural scout troop, Schiehallion from Kinloch Rannoch, for a summer camp in Glen Clova.

Glenfarg arrived first and were setting up their part of the site by the time Schiehallion arrived to pitch their tents. In the evening the scouts walked up to the local loch while waiting for the sun to set so they could play wide games in the dark.

Tuesday morning was very atmospheric with a thin low mist hanging over the river, trees poking through it and the sun catching the hill tops at the head of the glen. The morning turned into a sunny afternoon and the scouts built an obstacle course which they raced round in their patrols.

On Wednesday afternoon the whole camp walked up the track to Loch Brandy. The fittest group including Eliot, Grant and Oliver continued up round the hills and back to the campsite. The less fit ones headed back down the

track and along the road to the camp to prepare the camp ovens for the cooking of the chickens.

The day trip was to Monikie to go canoeing in Canadian canoes. We headed back to Kirriemuir where the three patrols went shopping to buy food to prepare for their evening meal. Working out what to eat and how much food they would need generated much debate.

The last evening was damp so we all sat in the group shelter for an indoor camp fire. John, the helper from Schiehallion, brought out his didgeridoos for us all to try. There was great hilarity as we practised breathing like horses first. Oliver, the first scout to try the didgeridoo was successful unlike most of the rest of the group.



After inspection on Friday morning we had to start packing up. The big dixies, blackened by cooking on the fires, all had to be cleaned with lots of "elbow grease".

With everything packed back into the trailer the troops headed back to their respective villages.

Christine Morton

Glenfarg Village Store



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“Trick or Treat” at the Village Store

Thursday, 31st October from 5:30pm

Goodies for all, treats for the scariest costumes
and worst jokes!



Happy to be providing the prizes for the
PTA / Arngask School Halloween Party
for the 3rd year.



Don't forget in the run up to Christmas (or anytime) you can get your parcels and packages delivered to us. You'll never miss another delivery and can keep those gifts away from prying eyes!.

You can even arrange for your courier service to pick up your returns from us. We're here when you're not!

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A Village Hall For All

When Joyce and Duncan decided that they wanted a real village hall for their wedding reception and ceilidh, they discovered that their home town of Edinburgh couldn't offer exactly what they had in mind.

After looking further afield, they decided on a wedding in Huntingtower Castle and for the ceilidh – well, of course they chose Glenfarg Village Hall.

The refurbished hall is growing in reputation, and Joyce had heard about the hall hosting the Glenfarg Folk Feast concerts and seen the details on the village website.



Their friends and relations came to help turn the hall into exactly what they had hoped, and the Glenfarg Hotel and Bein Inn provided accommodation for the guests. The music was provided by The Occasionals.

The wedding took place on Sunday 15th September. Glenfarg wishes Joyce and Duncan many

congratulations and every happiness in their life together.

Kinross & Milnathort Scottish Dancing

Kinross and Milnathort Scottish Dancing restarts on Wednesday
Sept 25th in Milnathort Town Hall at 7.30pm.

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Contact Maureen Lambie (830295) or Bill Connolly (830200) for
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It has influenced the way British people have thought for about 600 years, and the peak of Country Dancing was the period known as “The Enlightenment”, which suggests that its effect on our brains may have been quite significant.

It is a social activity that all ages can enjoy together, and is an important part of our culture. I am hoping to start Country Dancing here at Bountree on Friday nights, starting in October. All ages and abilities are welcome – it is a social activity, not a competition! All aspects of Country Dancing will be included (Scottish, English and Historical), with also a look at some of the dances from which it developed . Have a look at the Village Shop window for details.

Listed below are 21 good reasons for taking up this form of dance.

1. Primarily a social activity, so increases co-operative thinking and social skills
2. All benefits of both physical and mental exercise, but NOT using excessive stresses.
3. Increases spatial awareness
4. Uses simple logical patterns, strengthening the relevant brain pathways, including Left/Right awareness and symmetry concepts
5. Requires concentration to be maintained, at varying levels, for the whole of the dance

6. Involves interaction with other human beings, including smiling at them which releases mood-enhancing endorphins, so it is 2x as successful as pills for treating depression.(Prof Michael Argyll.)
7. Uses social behaviour in a moderately formal setting
8. Highly inclusive, but allows individuality
9. The “Best” dancer is the most helpful, NOT the most technically excellent, but --
10. Scope for responding to challenges of technique.
11. Historical aspects give increased awareness of past ages.
12. Includes “trust” exercises
13. Can be enjoyed at any level
14. Can lead to study of 18thC style, and so great elegance.
15. 600 years of heritage, peaking with enlightenment period –facts possibly connected.
16. Stresses cooperation and helpfulness, which balances competitiveness of sport
17. Is your intangible inheritance, because it works on your brain and influences the way you think, so the next reason is no surprise –
18. Recent research shows improved performance in Schools after introducing Country Dancing
19. It is usually inexpensive, and available worldwide
20. Good for bone development and maintenance
21. It is very enjoyable – the primary reason.

Robin Lambie



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Explorer Scouts Tour de France

The challenge set by the explorers for their summer camp. We want a cycle camp. We want to go abroad. The budget is £250 a head.

There were three Sunday cycles before the big event. On the first, one of the boys learnt not to cycle into gates. On the second another one learnt how to brake, pulling on the front brake and you go over the handlebars. On the third they learnt to leave a gap between each other on tracks then you can avoid the person who has just fallen off.

Robert left on the Friday night towing the trailer with 10 bikes and the camping gear to drive to Calais via Dover. The navigator was unable to tow as he had passed his driving test after 1997.

Eight explorers and the remaining leader met at Inverkeithing station at 07:30 to catch the train to Dover via London. The journey to London passed quickly planning their Duke of Edinburgh expedition and playing cards.

Robert met the ferry and took 4 of the group back to the site to pitch tents while the rest walked the 3 miles to the campsite. Cameron managed to swap his neckie for a French one before we had got half way and then the sky was lit by lightning. Robert came back and rescued us and we huddled in the pitched tent until the storm passed. Tents pitched we all headed to bed, and then the fireworks display started on the beach at Bleriot Plage to the James Bond film music. Those who got out their beds were very impressed.

Sunday morning the bikes were unloaded and checked before Niall led the group through the back streets of Calais at the start of the 80km cycle to Montrieul. Christine headed towards the shops with Gavin as navigator (he had broken his thumb and couldn't cycle). Within 15 minutes there were three punctures, not a good start.



Mid afternoon the explorers had drunk all their water and the back up team struggled to find a shop open on a Sunday afternoon in very rural France. Ali, who had been invalided out and was in the car spotted an open tabac in a tiny hamlet where we bought the cheapest ice cold bottled water ever.

Montreuil , the town that gave Victor Hugo the inspiration for Les Miserables was our destination for the night. Again we had to wait until the

thunderstorm passed before we finished pitching the tents in the campsite below the ancient citadel where a performance of Les Miserables started when it got dark and finished with a firework display.

We continued our journey south to the Baie de Somme feasting on cherries fresh from the trees at the Abbaye de Valloire and stopping briefly at the site of the battle of Cercy (the museum was shut for the day). Arriving at the campsite at Ponthoille we had managed to pitch a couple of tents before, for the third day running, we had to shelter from the thunderstorm. Beside our pitch was a free crazy golf course which provided hours of entertainment.



Tuesday was damp and grey, the only day of the trip when the sun didn't shine. We followed the cycle route to St Vallery sur Somme, the local town. Struan discovered that crossing the railway track on a bike can be lethal and the resulting slide was consistent.

continued page 39

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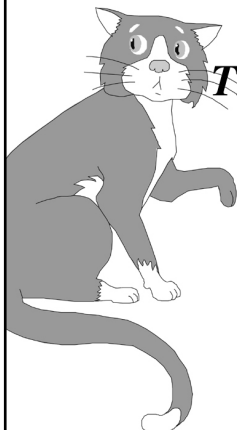
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Explorer Scouts Tour de France continued

Again the local museum was shut for the day and the explorers spent a long time in the warm and dry local church looking at an exhibition in French about bible messages and their relevance to modern life. Gavin borrowed Kiron's bike to cycle back to the camp, the standard of navigation deteriorated.

Wednesday, half the explorers cycled to the local station to catch the train to Albert while the others went by car to the Newfoundlander's cemetery. At the cemetery Niall played his pipes at the first world war memorial to the 51st Highland division. The groups then met up and visited the museum to those who fought in the war under the church in Albert .

The following day Niall piped the group off the camp site before cycling back to Montreuil. It was roasting hot. It only became cool enough to start cooking after eight in the evening.

The stopping place in the square at Desvres on Friday morning was an excellent location for the morning break and the patisserie did a roaring trade as the explorers sampled the cakes. One slightly confused explorer asked for "Deux crepes and a chocolate brownie, bitte."

An evening visit to the beach, Bleriot Plage, behind the camp site was a fitting end to the trip. Struan said it was the best quality sand he had walked on.

Saturday morning and the explorers were up at 5am with everything packed into the trailer for the long journey home by 6am.

Christine Morton



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Glenfarg Village Folk Club

Forthcoming attractions for October and November

OPEN STAGE: 4-acts

Monday October 7th

Members £5 Non-Members £8

Our 4 guest acts on this occasion are Colin McEwan, singer songwriter, Ronnie and Fiona Collins, singers and multi-instrumentalists, Brian McArthur and Alex MacKenzie, multi-instrumentalists and singers, and Gill Burson, singer-guitarist. This is always an excellent night's entertainment. Come early to ensure a seat!

EDDIE WALKER

Monday October 14th

Members £5 Non-Members £8

We welcome back to Glenfarg the ever-popular, ever entertaining old blues, ragtime and country singer/guitarist Eddie Walker. As well as providing the expert guitar work and singing, Eddie also offers an engaging background into the history of his work and is always fully committed to providing an excellent night's entertainment for all.

FIONA HUNTER & MIKE VASS

Monday October 21st

Members £5 Non-Members £8

Although probably best known for her singing with Malinky, Fiona is also undoubtedly one of Scotland's foremost traditional singers in her own right. Accompanied to the Club by Mike Vass, himself one of Scotland's finest fiddle players and member of Malinky, we are ensured a great night's entertainment.

BILL ADAIR

Monday October 28th

Members £5 Non-Members £8

Glasgow based singer-songwriter who is equally at home with the Delta Blues as with his own compositions and even Scottish ballads, Bill is sure to give an excellent night's entertainment for all.

TOM McCONVILLE

Monday November 4th

Members £5 Non-Members £8

Tom's rich, warm voice and his interpretation of traditional and contemporary songs make him a very special guest for the Club. In addition "the Newcastle Fiddler" is without doubt one of the leading fiddle players of our time and was the BBC Folk Awards Musician of the Year 2009. Come early to ensure your seat!



SINGAROUND

Monday November 11th

In the upstairs lounge All £3 Ghouls, treachery, intrigue or fireworks (of any shape, size or meaning) are this month's possible themes for our singaround. However, any songs or tunes are equally welcome as are all singers, musicians or "listeners".

SANDY WATT QUAICH

Monday November 18th

All £3

The Club's own annual song competition, in memory of one of the Club's true characters from the past who enjoyed performing any song from any genre, provided it brought entertainment to the audience. The competition is, therefore, simply to award the Quaich to the most entertaining performance of the night, as voted by all members present. A fun night is always guaranteed.

KIERAN HALPIN

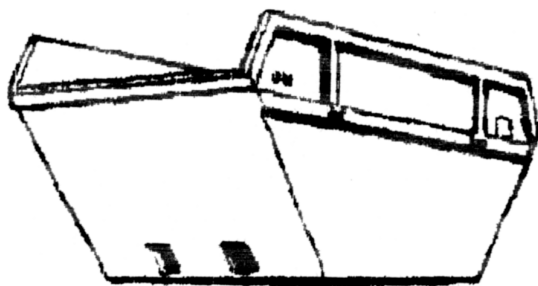
Monday November 25th

Members £5 Non-Members £8

We welcome back to the Club a truly renowned and prolific Irish songwriter whose works have been covered by many artistes performing throughout the UK today. A most hard working professional, his stage presence and performance make this a must-see night. Great to see him back at Glenfarg.



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was established in 1921 and is an independent charity which relies entirely on public donations to allow it to continue its life-changing work. Much of its funding is raised during the annual Poppy Appeal in November.



Last year the Scottish Poppy Appeal raised over £2 million which was used to provide financial assistance to thousands of ex-Servicemen and women in need as well as helping to fund long term care, housing and employment. It also helped fund specialist veterans' charities such as Combat Stress.

Look out for the Poppy Scotland collection tins which will be placed in the village shop, the Glenfarg Hotel and the Bein Inn around the end of October.

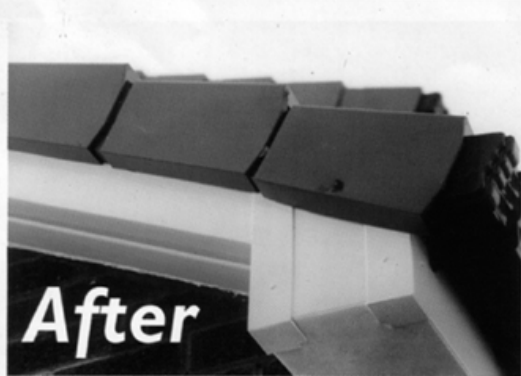
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The kind folk of Glenfarg and Duncrimvie are being asked to help people less advantaged than themselves.

As of the end of September, the Village Shop and the church will see regular collections to help people living in food poverty.

In conjunction with The Trussell Trust and churches in the area, the newly established Perth and Kinross Food Bank will see collection points throughout the region.

Now the onus is on the public to donate tins, packets and boxes from a select shopping list to help out people in crisis with shoppers being asked to buy an extra item for the charity. And the local church is getting involved with donations to the annual Harvest Festival also going to the food bank.

How it works is quite simple. Donations to the food bank will be collected in The Village Shop and the church, from where it will go to a new warehouse in Perth. There, volunteers weigh and sort the donated food according to type and 'best before date'. They also check it is undamaged and suitable for use before packing it into boxes for storage.

Meanwhile, professionals from statutory and voluntary organisations such as doctors, health visitors, social workers, Citizens Advice Bureau staff, welfare officers, the police and probation officers, identify people in crisis and issue them with a foodbank voucher.

continued page 51

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Perth & Kinross Foodbank continued

Clients bring their voucher to the centre where it can be exchanged for three days' supply of emergency food. The list of foods in each parcel have been designed by dieticians to provide recipients with nutritionally balanced food.

Whilst their food is being packed, Foodbank volunteers will sit and chat with clients over a cup of tea or hot meal. This enables them to hear their stories and signpost them to agencies who can offer additional help and begin to resolve any underlying problems.

The new centre in Perth was expected to open at the end of September and a box for donations has already been placed in the shop and at the church, with collections being ongoing. Unfortunately fresh items cannot be donated, but the list includes: UHT or powdered milk, sugar in 500g bags, cartons of long-life fruit juice, soup, pasta sauces, tinned sponge puddings, tinned fruit and vegetables, cereals, tea and coffee, instant mashed potato, rice and pasta, tinned meat and fish, jam, biscuits and cereal bars.

Amid the economic recession, more and more people are turning to food banks – in the year 2012/13, The Trussell Trust fed over 340,000 with estimates putting the number of people living below the poverty line at three million.

For further information, visit the website,
www.perthkinross.foodbank.org.uk

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Glenfarg W.R.I

The first meeting of the session on Thursday the 12th of September was a talk and Slides by Robin and Emma Niven of Loch Leven's Larder on the diversification from Vegetable farm to Loch Leven's Larder where as well as a meal you can purchase lots of fresh food and vegetables in the shop.



Competition winners--

Knitted article- 1st Allison Messenger; 2nd Margo Moran; 3rd Jean Connolly.

Three Peppermint creams- 1st Jean Connolly; 2nd Allison Messenger 3rd Liz Yull.

Flower of the month- 1st Allison Messenger; 2nd Sylvia Wall; 3rd Vivian Happlethwaite

Dates for future meetings

10th October--Demonstration and talk by Linda Retson

14th November--Talk about the Tay Bridge Disaster by Ian Nimmo-White.

Sales table for the Tay Bridge disaster fund.

12th December--Handbell Ringers from Dunkeld.

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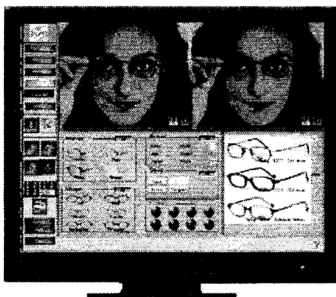
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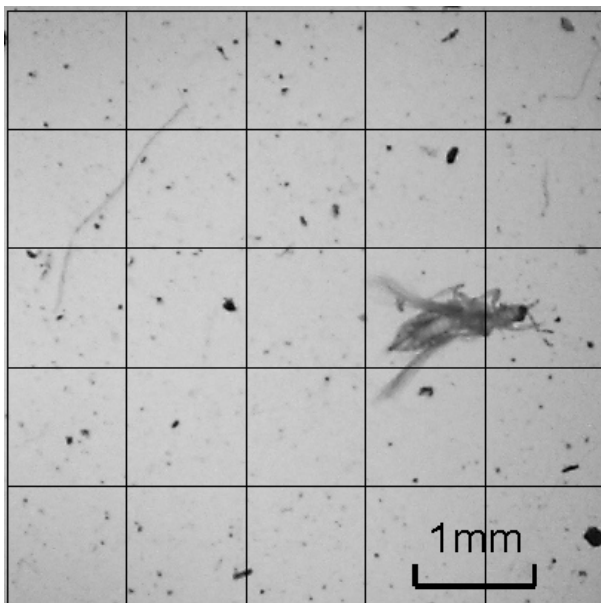
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Dust samples from Glenfarg had low counts when the weather was warm and high counts after prolonged rainfall. This is what would be expected with warm air causing the dust to rise and the rain washing out the dust onto any exposed surface. The photograph shows a typical sample from the end of June. Although something very non-dust like has been trapped amongst the expected bits!



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Glenfarg & Duncrievie in Bloom

Since the judging on August 1st many people have asked “How did we get on?” Well at last we know - Glenfarg and Duncrievie in Bloom were awarded Gold in the Large Village category PLUS we won the judges’ discretionary award Overall Most Improved Community.



August 1st, I think it was probably about the only day that it rained this summer, the judges arrived at the Village Hall where Donald gave a presentation on how we all work together as a community, involving everyone young and old, creating a great environment for us all.

Fifteen minutes later the rain had stopped and the judges were first taken to the Glenfarg Green where Rosemary was on hand to show them the new mini allotments (and how they flourished this summer!). Sheila & Kate then took them by car to see all the displays from Marindin to the far end of Duncrievie, stopping en route to



see how Train Stop has become established and the new raised beds that have been created at the school. A visit was also made to the school orchard where Eric was on hand to tell them of how we are assisting the children in that area.

By the time we drove up to Duncrievie the sun was out and the judges were very impressed with the continuing improvements in this area. Several photo opportunities presented themselves especially around the now cleared bridge wall, the Lomond Hills (and the sheep) making the perfect backdrop.



The final leg of the tour took us back along Main Street where they were able to see the old railway wall along the South verge which is the key component of the group's next project.

It almost goes without saying that none of these recognitions, awards and environmental improvements would happen without you, the weeders and the waterers, the growers and the planters, the fund raisers and the planners. From everyone a very big thank you.

Kate Armstrong



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Don't fall for application form scams online

Perth & Kinross Trading Standards is warning people not to fall for excess charges when applying for official documents.

If you require a passport, driving licence, EHIC Health card or Esta application, or are booking your driving test or theory test, beware of websites which look like they are taking a fee for the full cost of processing and submitting the application.

These sites, often mistaken for the official sites, charge a fee to have your application checked or a booking fee for your driving test.

As these copycat and unofficial websites look a lot like the genuine sites, people are being misled.

Many people have mistakenly paid for this checking service, with some companies charging up to £45 per enquiry. Any official application fee will then also be payable on top of this, so this scam can double the cost of applying for these documents.

Although these sites are not necessarily illegal they can lead the unwary into paying unnecessary fees.

The European Health Insurance Card (previously the E111) entitles UK residents to the same level of national healthcare as nationals in European Union countries and although it provides valuable medical cover, it is not a replacement to travel insurance. You can apply for this card free of charge via the official EHIC online application form.

Electronic System for Travel Authorization (Esta) is the authorisation required for people who wish to travel to the United States under the Visa Waiver Program, there is a charge for this authorisation. Apply online at <https://esta.cbp.dhs.gov/esta/>

It is not a requirement to have your passport application checked but for peace of mind the Post Office offers this service at a lower price and they will deliver your form securely to the Passport Office. These application forms can be picked up at your local Post Office branch or online at www.postoffice.co.uk/passport-check-send.

When using these copycat and unofficial websites you are giving them a large amount of your personal information, more than enough for identity fraud to be possible.

If you think you have been scammed or ripped off contact Citizens Advice Consumer Services on 08454 040506 for advice, alternatively go online to www.adviceguide.org.uk

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Complete your electoral registration form

Angus and Perth & Kinross residents will shortly receive their annual electoral registration form through the post and are being encouraged to complete and return it promptly.

Included with this form will be a Young Person's Registration form to allow 15 year olds who will reach 16 years of age, on or before 18 September 2014, to register to vote at next year's Scottish Independence Referendum.

Electors do not have to return the Young Person's Registration form if there is no-one within your household who meets the criteria to be included on the form.

Electoral registration staff are working closely with schools, colleges and all other educational establishments in both areas to gather data on all 15 to 18 year olds for the 2014 referendum.

Alastair Kirkwood, Electoral Registration Officer for Angus and Perth & Kinross, said "Registering to vote is quick and simple. All you have to do is update your electoral registration forms with details of everyone who lives in the household and is eligible to vote; and return to us as soon as possible in the pre-paid envelope.

If your details haven't changed you can simply reply by telephone, internet or text message instead.

This is the last annual canvass before the European Parliament election on 22 May 2014 and the Scottish Independence Referendum on 18 September 2014 therefore you should return your forms to ensure you are eligible to vote.

Anyone who has not received a form by 7 October, or who would like more information, should contact the local electoral registration office."

Residents of Perth & Kinross should contact the Perth office on 01738 630303.

Glenfarg Community Council

Draft minutes of Glenfarg Community Council Meeting held on 2nd Sept 2013

Present

Cllrs Johnston (acting Chair), Watson (Secretary), Armstrong, Macpherson, Ponton & Vaughan

By Invitation

Cllrs Cuthbert & Robertson, Community Police Officer Allan, A Swanson & T Corcoran (Tennis Club)

There were 3 members of public present.

Apologies

Cllrs Arnold & MacKenzie, Cllrs Barnacle & Giacopazzi

Previous Minutes

The minutes of last meeting were proposed by Cllr Ponton and seconded by Cllr Watson

Matters arising

1. Road markings - roundels now completed
2. Avenue flooding - Fordel owner has cleared blockage and hopefully resolved problem.
3. Stephens development - public meeting has taken place- main cause for concern expressed related to access to Main Road. New diagrams showing new footpath connections to the park not yet on P&KC website. Neighbouring property resident has alerted developer to water course diversion which affects neighbouring septic tanks.
4. Trees by Tennis Courts - Tennis Club has replied to GCC and reported that they had consulted P&KC tree officer and been authorised to remove bottom third of branches.
5. Old Arngask Churchyard - Land owner and access details have been sent to Friends of P&K Heritage Trust

Nursing Association Fund

The Council agreed that the fund should be used for health and well being related items/services. Options could include fitness equipment, Kinross Day Centre assistance, Kinross-shire Volunteer Group (KVG) & Rural Outreach Scheme, who provide transport facilities for hospital appointments, etc., and

other such groups. Secretary will contact local Health Centres and Old Folks Association.

Police Report

There have been thefts of trailers outwith the area and suspects have been apprehended. Speed checks have resulted in 3 drivers being warned. Community Officer Allan reminded everyone that fixed penalty notices have increased. CCllr Armstrong reported that large straw bales had fallen from vehicle on Church Brae that morning (2nd Sept). Enquiries continuing.

Treasurer's Report

GCC account balance £8749.20

Includes restricted funds - Glenfarg Nursing Association

Expenditure since last meeting includes payment of Christmas Lights, hall rentals, Poppy Wreath and Micro grant

Newsletter Account - £4129.78

School Fund - £741

Total Funds held at 2nd Sept 2013 - £13,619.98

Planning Report

5 applications since last meeting - all noted

Application for 3 turbines at Tillyrie refused

The GCC are in receipt today (2nd Sept) of request for public input to draft Local Plan Supplementary Guidelines. Details can be found on P&KC website.

No new communication on Lomond Hotel has been received. Concerns were expressed by all present on potential dangers. All present Councillors agreed to write to P&KC seeking urgent action.

Tennis Club Planned New Pavilion

Alex Swanson of Glenfarg Tennis Club gave a presentation on the planned new pavilion and requested a letter of support from GCC on behalf of community for their funding applications. Neighbours have been consulted and the facilities would be made available for other community groups to use. The Tennis Club has been in communication with Stephens re assistance with water supply and sewage. There is provision in plans for possible village storage to be added. Draft letter of support to be prepared.

Glenfarg Conversation Survey

CCllr Ponton reported that the Lochelbank CBF panel had agreed that the micro grant amount to each Community Council be increased to £1000. The limit for applications to main fund remains at £2000.

The Conversation Survey is ready to go to print. There will be a household delivery and also opportunity to complete on website. It was agreed to make a donation from Newsletter fund to the Scouts who, it is understood, have agreed to make a door-to-door delivery of the survey forms.

Fete Proceeds

GCC received 5 applications for share of Fete Proceeds. they were Brownies & Rainbows - £144 - attendance at Big Brownie Party
BUD (Brighten up Duncrивie) - £95 - purchase of compost, bulbs, liquid feed
Glenfarg & Duncrивie in Bloom - £300 - hire local contractor to cut grass verges

Cinema - £75 - hire of equipment

Baby & Toddlers - £150 - purchase assorted craft materials and equipment

All applications were approved and the shortfall in funds available of £44 will be made up from Newsletter Fund.

Future of marquee

Following the successful borrowing of items for the Fete from KLEO (Kinross-shire Local Events Organisation) and the subsequent lending of the Glenfarg marquee to KLEO, it was agreed that the secretary offer the marquee to KLEO to add to their facilities. If it is accepted by KLEO it is understood that they will provide storage and insurance cover and, in return, Glenfarg would have prior call on the marquee when required for village functions as well as being able to borrow other KLEO items free of charge.

First World War Commemorations

CCllr Johnston reported on activities and funding opportunities relating to WW1 commemoration projects. There is a church record of some people who went to serve from Glenfarg. The Head Teacher of Arngask Primary has been approached with a view to the school carrying out some research of their names and connections with Arngask. She expressed initial interest in this.

Correspondence and AOCB

1. Cllr Barnacle has requested details of areas where additional grass verge cutting is required. Advised Mawcarse Junction, Calford Brae junction to Main Street, Wallace Park Exit from car park, Paris Bridge and Wicks of Baiglie junctions.
2. CCllr Arnold has resigned from the Binn Farm Community Forum. His place will be taken by CCllr Ponton although CCllr Armstrong will attend the next meeting.
3. A letter of support for the GDIB Railway Wall Restoration & Conservation project has been sent.

4. The Council noted that whilst it is not mandatory, it is expected that recipients of grants and donations should acknowledge receipts of monies. Foundation Scotland also requests an annual report on the allocation of the CBF Micro Grant, which should include a report from recipients on the outcome of the expenditure.
5. Newsletter printing - ongoing discussions with printers.

Next Meeting - 4th November 2013

Glenfarg Conversation

The Survey

The deadline for returning the survey questionnaire is
15th October 2013.

If you haven't done so already now is the time to complete your copy and return it to the village shop. Please complete this survey as an individual, not as a family or a group. If you would like extra hard copies of this survey they are available in the village shop.

Alternatively you can use the online questionnaire at Survey Monkey. A link to the entry page can be found on the Glenfarg website www.glenfarg.org

**Make your voice heard
Your point of view is valuable**



Glenfarg



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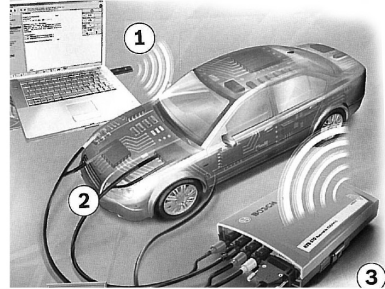
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Dealer level diagnostics on most makes of vehicle

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TYRES AND ALIGNMENT

Tyres and exhausts fitted at very competitive prices
Remember we can still match or even beat the 'fast fits' on many tyre and exhaust prices including fitting and balance.
Latest computerised 4-wheel alignment system (only 3 in Tayside)

AIR CONDITIONING SYSTEMS

checked and repaired (This should be done every 2 years)

And remember... since block exemption came in October 2003, all cars (including new) can be serviced by us without invalidating the warranty. That could mean up to 50% saving on main dealer prices!

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General Information

Doctors' Surgeries

Loch Leven Health Centre, Muirs, Kinross - 01577 862 112

Out of Hours linked with NHS 24 - 01577 865 252

The Surgery, Main Street, Bridge of Earn - 01738 812 000

NHS 24 Out of Hours - 08454 242 424

Mobile Services

Library

The van visits the village on alternate
Wednesdays: 9th & 23rd Oct & 6th &
20th Nov and stops at:-

Arngask PS: 9.30-10.15

Hayfield Rd: 10.15-10.30

Ladeside: 10.30-11.15

Main Street: 11.15-11.30

Duncricvie: 11.35-11.50



Bank of Scotland

Stops at Glenfarg Hotel
Tuesday 10.45-11.00

Mobile Post Office

Stops outside the Old Joiner's
Ladeside

Mon 11am-12noon;

Tues 12.45pm- 2.15pm;

Thurs 11am-12noon; Fri 12.45pm - 2.15pm



Recycling Points

Glenfarg: Arngask School car park for cans, paper and glass

Kinross: Causeway Car Park, Sainsbury's, Station Road, for cans, glass,
paper and textiles.

Bridgend Industrial Estate Open Mon-Fri 9am-7pm, Sat-Sun 9am-5pm

Milnathort: Thistle Inn, Black Loan for cans, glass and paper

Orwell & Portmoak Church Office for cans, plastic, paper and ink cartridges

Perth: Tesco, Edinburgh Road for cans, glass, paper, textiles and books

Kerbside Recycling Service: Waste Collection Dates

Glenfarg

Green lidded bin (Non-recyclable waste): Fridays 4th & 18th Oct and 1st, 15th
& 29th Nov

Blue lidded bin (Paper, cardboard, cans, plastic): Fridays 11th & 25th Oct and
8th & 22nd Nov

Brown lidded bin (Garden & food waste): Thursdays 3rd, 17th & 31st Oct and
14th & 28th Nov

Duncricvie

Green lidded bin (Non-recyclable waste): Thursdays 3rd, 17th & 31st Oct and
14th & 28th Nov

Blue lidded bin (Paper, cardboard, cans, plastic): Thursdays 10th & 24th Oct
and 7th & 21st Nov

Brown lidded bin (Garden & food waste): Saturdays 5th & 19th Oct and 2nd,
16th & 30th Nov