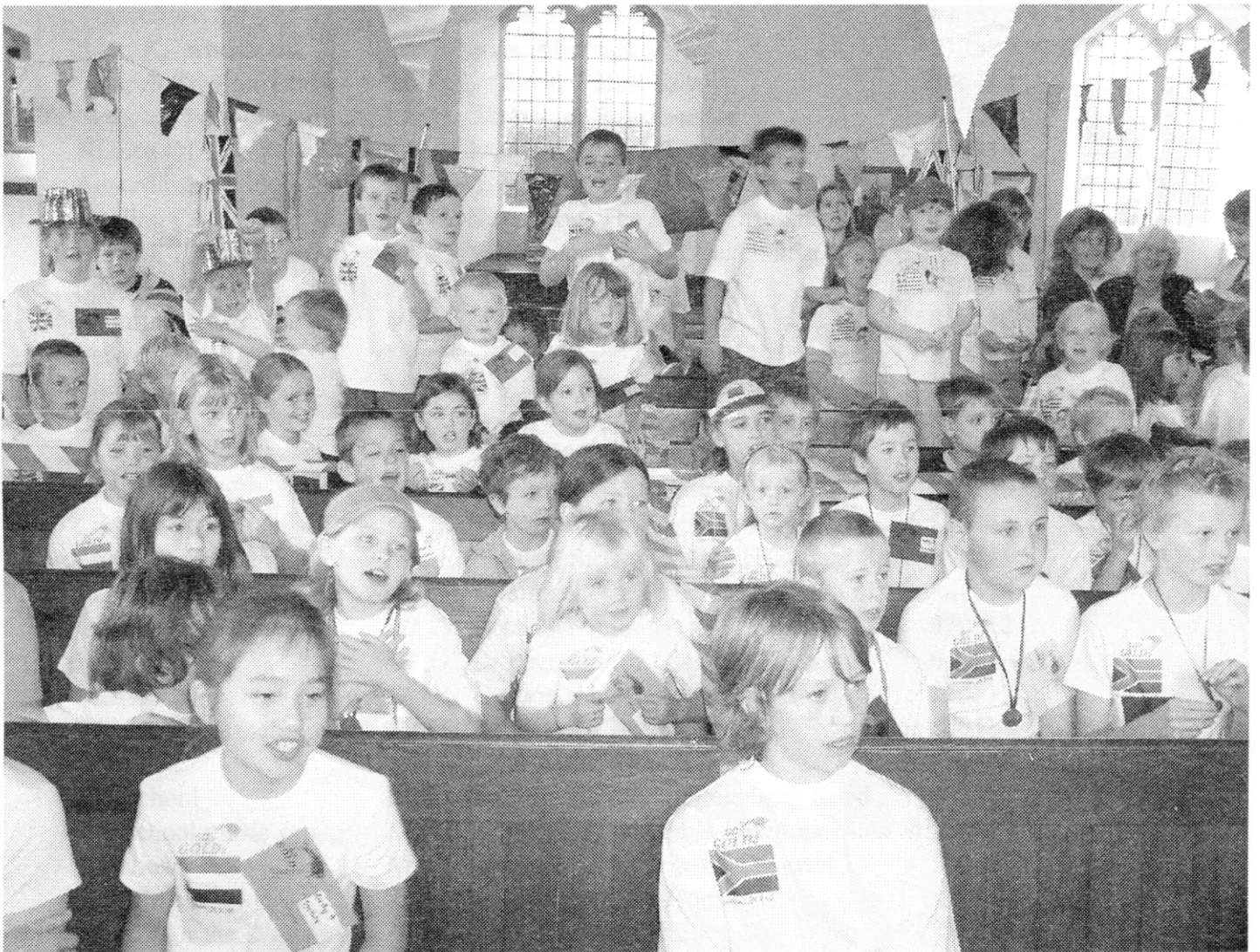


THE GLENFARG SEPT 2004 NEWSLETTER



PUBLISHED BY GLENFARG COMMUNITY COUNCIL



GOING FOR GOLD IN GLENFARG!

The views expressed by contributors to this Newsletter are entirely their own. Publication within this Newsletter does not imply that the Editor or Community Council agrees with, or supports, those views. Neither the Editor nor the Community Council will be held responsible for any factual inaccuracies, or incorrect inferences drawn.

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ORGANISATIONS IN GLENFARG

Community Council	Chair: Brig. D. Cameron, The Old Manse	830394
	Secretary: Mr. B. Patterson, 18 Elm Row	830555
Perth & Kinross Councillor	Mrs. Kathleen Baird, Easter Clunie, Newburgh KY14 6EJ	01337 840218
Rev.K.Anderson	The Manse, Abernethy	01738 850607
Session Clerk	Mrs. H. Clark, 7 Elm Row	830410
Arngask School	Mr. R. Simpson, Headmaster	830263
Justice of the Peace	J. R. Cheape, Letham Farm	830215
Accordion & Fiddle Club	Mr. R. Robertson, "The Neuk", Drunzie	830642
Angling Club	Mr. R. Robertson, "The Neuk", Drunzie	830642
Baby & Toddlers Group	Ms. T. Winterton, The Old Bakehouse, Main St.	830879
Babysitting Circle	Ms. W. Brown, Beechwood	830814
Badminton Club	Mr. A. Clark, 3 Hayfield Rd.	830246
Beavers	Mrs. H. Deas, Greenbank Road	830251
Bowling Club	Mrs. C. Hayward, 3 Lomond Bank	830387
Bridge Club	Mrs.. J. Ross, School House	830212
Brownies	Mrs. A. Wall, 20 Greenbank Road	830460
Cubs	Mrs. C. Morton, Folda, Church Brae	830210
Curling - Men's	Mr. L. Findlay, Struan Bank, Hayfield Road	830441
Curling - Women's	Mrs. I. Findlay, Struan Bank, Hayfield Road	830441
Dancing	Mrs.N. Matthew, Wellside Ho., Milnathort	861516
District Nursing Assn.	Mr. G. Ross, School House	830212
Folk Club	Mr. G. Brotherston (or Glenfarg Hotel)	01337 831116
Meals on Wheels	Mrs. Ogilvie, The Crest, Main Street	830512
Old Folks' Association	Mrs. J. Kirkland, 7 Birch Lane	830514
Over 60s	Mrs. M. Cumming, Duncricvie	830736
Playschool	Mrs. J. Ingram, Belmont, Greenbank Road	830353
Pre-school Music Group	Ms. T. Winterton, The Old Bakehouse, Main St.	830879
Rainbows	Mrs. V. Gourlay, 2 Greenbank Crescent	830617
Red Cross	Lady Maclean, Arngask House	830311
Riding for the Disabled	Miss A. Stocks, Smiddyhill	830262
Scouts	Mr. R. Morton, Folda, Church Brae	830210
Sunday School	Mrs. L. Kinnaird, Greenbank Road	830337
Tennis Club	Mrs. A. Imrie, Greenbank Road	830378
The Guild	Mrs. M. Knox, Braeriach, Duncricvie Road	830493
Village Hall	Mrs. E. Coventry, 7 Greenbank Cres.	830529
Wine Club	Mr. S. Mee, Westdean, Hayfield Road	830395
W.R.I.	Mrs. H. Quartermaine, Sentosa	830356

Cover

Some of the children enjoying the Sunday School Holiday Club at the end of August.

Editorial

The mobile bank only comes to the village once a week now due to lack of demand. It is a useful facility and it would be a pity to lose it altogether. There is a piece written by Bob Bell who has contributed to the Newsletter before. It's just a small part of what he's sent me and I'll continue with it in further issues.

Letters to the Editor

Dear Editor,

I would like to thank everyone for their kind get-well wishes, cards, flowers and gifts during my recent illness - they are all very much appreciated.

Being on a 'mission' to raise awareness of the cause of my problems, I will also take this opportunity to warn people of the potential dangers of herbal remedies. I took black cohosh, which is a natural herbal extract, for menopausal symptoms before becoming unwell a few weeks later. Having been initially wrongly diagnosed with a virus, I have had months of illness, including more than two weeks' hospitalisation. Eventually autoimmune hepatitis was diagnosed and attributed to my taking black cohosh.

I have since found information on foreign websites, stating cases of liver disease as a result of taking black cohosh, as well as a report that preliminary research suggests that it may increase the risks of breast cancer metastasis and liver failure. None of this information appears to be circulating within the U.K. and there are no warnings given on the label or at the point of purchase.

With current concerns over the use of HRT, black cohosh is being marketed as a natural, safe alternative, and although my case is rare, I fear that as a result even more consumers who continue to be uninformed of the possible dangers will inevitably suffer.

Annette Eadie.

Dear editor,

I hope the people running the hall do not waste architects fees on planning to build on and roof part of the public path from main street to Greenbank road. I would expect the planning would be rejected when it is submitted. The path was adopted by the PKDC on 13th September 1978 and was resurfaced at that time.

Name and Address withheld

Community Council

Glenfarg Community Council

Extracts of the Minutes of the meeting held on Monday 6th September 2004 at 7.30p.m.

Present Cllr D.Cameron (Chairman), Cllr A. Curtis (Secretary), Cllr A. Grave, Cllr C.Meldrum Cllr C. Murison (Treasurer), Cllr B.Patterson, Cllr J.Stake, Cllr J.Sutherland.

Apologies Cllr C. Campbell, Cllr A Johnston, Cllr L.Godsell, Cllr S. Reid.

By Invitation Cllr K. Baird, Constable Wallace, Mrs Alison Elphinstone and Mr Graeme Bruce

Members of the Public No members of the public were present

Matters Arising

Calor Gas Awards:- It was reported that Glenfarg's entry had not been successful, and it was decided to try again next year.

Arngask Cemetery:- Some tidying had been carried out by Perth & Kinross Council workmen, but further work was required and the situation is to be monitored.

Notice Board:- Cllr. Grave to liaise with Mr D Meldrum re repainting.

Post Box for Duncrievie :- The Secretary to write to Royal Mail requesting a box for Duncrievie.

Police Report Constable Wallace, standing in for Constable Pederson, confirmed that there was nothing major to report since the last meeting.

Treasurer's Report Cllr Murison updated the meeting on income and expenditure since the last meeting. He proposed and the meeting agreed that the sum of £5,000 should be invested at a fixed rate for a year and the position reviewed again in a year's time. Wind Farm Update Cllr Grave reported that Npower Renewables (formerly National Wind Power Limited) and the Wind Farm Awareness Group had had a number of meetings, and that it was understood that the Scottish Executive had asked for further information from the developer on the ecological aspects of their proposal. It is likely that Npower will submit their amendments in November. These are to be advertised and there will follow a 28 day public consultation period, but it is thought that only comments on the amendments on ecological aspects will be taken into account by the Scottish Executive.

Binn Landfill Site The Chairman confirmed that on August 26th 8 Community Councillors visited the land fill site operated by SITA and were given a conducted tour by the site manager, who explained the measures being taken by the operators to prevent contamination of the surrounding area and to deal with leachate and methane gas.

He confirmed that the site was inspected regularly by SEPA. Plant has been installed to generate electricity from the methane gas produced in the landfill. It was noted that the site is outwith the Community Council boundary and the main impact on the Community arises out of the numbers of vehicles travelling to and from the site. Some of these vehicles pass through the village of Glenfarg, but the majority approach the site using the road from the Baiglie roundabout through the glen; a road which is also heavily used by local traffic from Glenfarg to Perth.

Councillors had expressed concerns about the mud on the road earlier this year, and the manager confirmed that all vehicles leaving the landfill site were required to pass through a wheel wash. He also confirmed that a new wheel wash was proposed at a point further down the road below the Recycling plant.

Village Hall The Chairman introduced Alison Elphinstone and Graeme Bruce of the Village Hall Committee, who reported on their committee's plans for the extension to the hall to provide upgraded facilities and better disabled access.

The Committee are in the process of submitting applications for grant funding, and it was confirmed by the meeting that the Community Council would support the village hall committee in this, although the Community Council was not itself in a position to provide any funding. It was proposed by Cllr Sutherland and agreed by the meeting that Cllr Murison should liaise with the Village Hall Committee and attend their meetings.

Core Paths Network Cllr Grave advised the meeting that a number of people in the local community were interested in including in the Core Paths Network a track leading from the Wallace Road westwards towards the Path of Condie Road. The Chairman commented that the exact route and the consent of the landowners concerned should be established as a priority. It was agreed that more information about the Core Paths Network Scheme was required, and Cllr Grave agreed to invite the Access Officer for Perth & Kinross Council to address the Community Council, if possible at the next meeting.

Any Other Business Cllr. Murison pointed out that those residents in Duncrievie did not have bins for green waste. Cllr Baird explained that the scheme was being introduced in stages and at present only those homes within the 30 mile limit were included. Perth & Kinross Council plan to expand the scheme and eventually everyone will get bins for green waste. Cllr Murison also reported that the Bank of

Scotland mobile bank will no longer visit the vilage on a Friday, but Tuesday visits are to continue for the time being.

Cllr Meldrum asked whether the hedge at the War Memorial could be cut before Armistice Day, and Councillor Baird confirmed that she would raise the matter, and it has subsequently been confirmed that this will be attended to.

Cllr Sutherland reported that there may be funds available for community projects from the Land Fill Tax Fund and it was agreed that he should approach the Manager of the Land Fill Site to discuss this further, and report back to the Council.

Cllr Baird reported that the road from the Bein Inn to the Baiglie has been resurfaced in the timescale promised by Perth & Kinross Council.

The Meeting closed at 9.10 p.m.

The Date of the Next Meeting is Monday 1st November 2004

Sunday School

Go for Gold!

Olympic Fever took over on the weekend of 27th-29th August as more than 70 primary and nursery aged children arrived for a weekend Holiday Bible Club based in the local church entitled 'Going for Gold'.

Children queued down Church Brae on the Friday evening as they enrolled and collected their team T-shirts. Pierette Melville and Lindsay Kinnaird, the organisers, helped by a supportive team introduced an exciting mix of games, a Bible story centred around Paul's life and missionary journeys, music and craft over three sessions and a final instalment at the Sunday morning service. There was an opening ceremony with speeches, banners and national anthems and lots of enthusiasm and plenty of NOISE!

With the final days of the real Olympics being played out in Athens, Glenfarg children took the challenge no less seriously with Great Britain, Holland, South Africa and Greece battling for the highest scores and the most chocolate medals!

Glenfarg Curling Club's Debbie Knox, the third player and Deputy Skip in the team which won curling gold at Salt Lake City in 1992 arrived at the Saturday morning session to present medals and children were thrilled to see and touch a real Olympic gold medal.

Lindsay and Pierette wish to thank all those who worked so hard to make the weekend such a success, the children for their enthusiasm and the cleaners who are still trying to Hoover up the gold glitter!

The Guild

Arngask Church Guild

By the time we can read this in the newsletter, we will already have had at least two meetings and possibly our Dedicaton Service which will be on the 10th October in the church at 11am. At this service, Mrs Anderson has agreed to give the address and Mrs Anna Murdoch, president of Perth Presbyterial Council, has accepted an invitation to attend.

On 19th October we have an 'Outreach Evening' when we will invite non-members to come and join us to hear Mrs Shirley Morgan talk on Common Ground and its aims. She will also demonstrate her jewellery and bring samples of wooden toys which can be ordered for Christmas as well as other goods. Traidcraft products will be on sale.

The first meeting in November will take the form of a visit to the AK Bell Library in Perth to see behind the scenes there.

16th November - Rev David Soutar will talk to us on his stay in Africa.

26th November - Church Sale in the Village Hall.
14th December - Christmas Party.

In the December issue we will report on past meetings and give our programme for the rest of the session, starting in January.

Glenfarg Wheel Tappers and Shunters Club Social Night

**Superb quality cheese and wine
Open entertainment-come share a
joke/song or story!**

Saturday, 23rd October @8pm

**Organised by Glenfarg Wine Club
All proceeds for the Hall Extension
Fund**

**Tickets cost £10 and are
available from Wine Club & Hall
Committee**

Raffle

Red Cross

British Red Cross Glenfarg Centre

Since the last Newsletter, a catalogue of disasters has hit both at home and abroad, creating unthinkable devastation which will require many millions of pounds to put right. Perthshire, North Cornwall, South Asia, The Caribbean, The Sudan and the Beslan Crisis are all areas where the British Red Cross volunteers have provided and are still providing much needed assistance. Through 'The Disaster Fund' and individual Appeals you can assist the ongoing relief operations in these areas.

All proceeds from this year's Coffee Morning and Sale in October will be divided between local needs and 'The Disaster Fund' and it would seem this autumn our fund raising efforts are hugely significant. Please help us to make a sizeable contribution by supporting us at our:

Coffee Morning, Sale and Raffle

Saturday 30th October - 10.00am in the Village Hall

Raffle tickets are now available from Committee members. There will be stalls including Cake & Candy, Gifts,

Bottles, Hampers and as always we are grateful for any donations. For further information, please contact Liz Carswell on 830206 or any Committee Member.

Folk Club

Glenfarg Village Folk Club

Guest List

Monday 27th September	His Worship and the Pig
Monday 4th October	Bram Taylor
Monday 11th October	Anthony John Clark
Monday 18th October	Tom Napper and Tom Bliss
Monday 25th October	Mike Silver
Monday 1st November	April Grant

For further details contact Graham Brotherstone 01337 831116 or Doris Rougvie 01738 583698

Doors open at 8.00pm

Music starts promptly at 8.30pm

The Club meets in the Terrace Bar of the Glenfarg Hotel

W A N T E D

Property Convenor for Vibrant Hall Committee

Pay conditions: None (feel good factor)

Working conditions: Friendly, supportive committee. Kind treasurer.

**Property convenor would need to liaise repairs when required
and attend meetings 4 times a year.**

For further information contact Trevor on 830532 or Pierette on 830233

The Wine Club

The Wine Club

Since the Wine Club burst onto the pages of the Newsletter at the end of last year, it has tried to give people a few wee snippets of information about wine. We've looked at grape varieties, issues to do with cost and a couple of things to look for on the label.

Hopefully, these notes have given some people a wee bit more knowledge about wine and tempted them to try something different or, indeed, try wine for the first time. At least they've given you some insight into what some other people get up to with their social life in Glenfarg!

As we've said before, it's all about enjoying what you drink once you've opened the bottle. You can get very enthusiastic about the appearance, smell and taste of the wine and start studying how different grape varieties and wine from different parts of the world differ. To think about these things certainly makes the wine more enjoyable. Or you can ignore all of this and just enjoy (or not) whatever it is you're drinking. If, like me, you can never sort out what smells or tastes like what, you can stop trying to master it and get enthusiastic about the whole process of how wine is made.

As one wine writer put it, you can say that those involved in producing wine are just fruit farmers. And at one level, this is true. However, that hides a huge picture. The whole subject of growing grapes — the soil, the slope of the hill, the direction of the wind, etc — could keep you going for a lifetime. And that's all before the grapes are picked. Once you get into the winery, the story of what happens, how, when and in what order is just as wonderful. It's the magical mix of the winemaker's skills in the field and in the winery that all adds up to producing what ends up in the bottle.

So, we'll keep on providing these little bits of information about wine, in the hope that you too catch the bug.

As was announced in the last Newsletter, Stephen and Margaret Macaloney of Garrigue Wines, (<http://www.garriguewines.com>) visited the wine club on 26th September. They are an independent supplier specialising in sourcing wine from the small, quality producers who don't produce wine in quantities that attract the supermarkets and big chains. The quality of the wine lived up to all expectations and proved that if you get the source right, you can get high quality wine at the same price as you pay for very ordinary stuff from some of the big suppliers.

As we move through autumn and into the winter, club members will host meetings in the Hotel. On 31st October there will be a 'David & Murette Aird' night. Who knows, there might even be some guisers!

***Nose like a sausage music productions
presents:***

Glenfarg's very own....

STARS IN YOUR EYES*

SPECIAL



The Village Hall

Friday 12th November 2004 8.00pm

All proceeds will go to the Village Hall Extension Fund.

Contact David Watt on 01577 830345 for more information.

****Not in any way associated with the TV show.***

Glenfarg WRI

Glenfarg WRI

Mrs Quartermaine welcomed members and friends to the opening meeting of the new session. Guest speaker was Mrs Sheila Wilson who gave a very interesting and humorous account of her role as a 'Blue Badge Guide'. Mrs Fairwether proposed thanks.

Competition Results:

A Novelty for a Tourist Shop	1 Mrs A Messenger	2 Mrs H Mair	3 Mrs U Stewart
Small Jar of Lemon Curd	1 Mrs L Yull	2 Mrs C Fairweather	3 Mrs J Kirkland
Flower of the Month	1 Mrs L Yull	2 Mrs J Kirkland	3 Mrs L Johnston

The Church

Arngask Church

Ruth, daughter of Atholl and Janette Stronach from Middle Deuglie married Alistair, son of Peter and Jill Lewis from Edinburgh on Saturday 7th August.

Christmas Fair - Saturday 27th November in the Village Hall from 10.00am - 12.00 noon. Donations for Cake and Candy, Bottle Stall, Books, Hampers, etc will be gratefully received.

Sunday 21st November - Communion Service - for anyone requiring a lift the telephone number is 830337.

Fitness Classes

50 PLUS FITNESS CLASS

Started again on Monday 6 September at 2.00 pm. This is the chance for ladies and gentlemen to try and improve their fitness with a range of exercises from the easy to the slightly more demanding.

Everyone can go at their own pace and do what they can. The class is fun, lasts for about 45 minutes and costs £1.

Anyone interested can call Alison on 01577 830386.

Playschool

Glenfarg Village Playschool

The new session has started with ten children attending playgroup. They are working through 'Knowing my colours' and will then cover 'Harvest time'. Playgroup is planning to visit a local farm on the 22nd to see their harvest.

Playgroup will be having their annual Care Commission inspection on the 17th September.

A meeting between Perth & Kinross Education Services and Partner Providers will be taking place in September and hopefully they will look into split placements for pre-school children.

All 2-5 year old children are welcome at Playschool. For further info contact Pierette on 830233 or just pop in on a Monday, Wednesday or Friday 9.30am-12pm.

Glenfarg Public Hall Association

Extract from the Minutes of the Glenfarg Public Hall Association Meeting on Wednesday, 8th September 2004

1. Extension:

Several meetings and very hard work by the sub committee have taken place to get the grant application off to Perth & Kinross Council and the Scottish Executive for a Capital Grant. They have received several grants from other halls for this round of applications to the Scottish Executive. If not successful this time, we would go on the top of the list for next year. The Scottish Executive announce their support in February/March 2005 and then you have 12 months to start using the money.

The sub committee has also met with Grant Advisors from Perth & Kinross and the Federation of Halls for advise. Now at the stage where it is necessary to go to Planning Permission. This triggers expenses, especially architectural fees. First stage of fees has been: £599.66. This is now due. The next stage of fees up to the Planning Stage are: planning permission: £220 and architects fees: +- £2750. Agreed by a show of hands to go ahead with this stage of expenses but to wait before going for Building Warrant.

Alison and Graeme attended the Community Council meeting to bring them up to date with the Extension Plans as agreed at a meeting in January 2002. The Village Hall Committee would like to link more with the Community Council regarding the Extension as a community project. The Community Council is to give us moral support and Charlie Murison has agreed to be a link person. J.Sutherland is to give Committee more information on Landfill grant. The Committee asked Mr. Murison to raise the issue again regarding financial support, as several other organisations are actively fundraising for the hall. The Community will have to raise 25% of the final figure of +£250,000 if we are successful with the Capital Grant Application. This is +-£47 000 that can also be obtained from smaller grants. At present the Extension fund stands at +- £17 500. It would hope to tender to local contractors and local people can help in kind with interior decorating etc. to cut costs.

Extension plans can be seen on the Village hall notice board. Any suggestions or help appreciated.

2. Treasurers Report:

Insurance has gone up by £770.

Several hall users are very slow with paying there hall lets, including one frequent user has not paid since January. It is agreed that in future all bills will have a notice on them stating that if payment is still outstanding by 30 days an extra 10% will be charged. If still slow they will be given notice of refusal of let until bill settled. This is necessary, as the hall needs the money to run a successful, modern facility.

3. Property Convenor:

No response from request for a new Property Convenor. Bill very kindly still overseeing things.

Another window broken. Cost +- £60. No one has claimed responsibility. Need to look into wooden frames with mesh over the windows

Rail at side door and night light not working-> Bill to look into that.

4. Fundraising:

Ladies Badminton doing a sponsored walk over the two Lomonds.

Wine Tasting Club doing a Cheese and Wine evening on Saturday, 23rd October @ 8pm. Tickets will be £10 and there will be informal entertainment. Proceeds will go to the Hall Extension Fund.

Stars in your eyes evening organised by David Watt. All proceeds to the Extension fund.

Sylvia prepared to organise another Craft fayre for next year.

AOB:

1. The disposition of the piece of land, next to the hall, in favour of the Committee has been turned down at the moment. We have not shown enough evidence in trying to find the owners. Any information on this will be appreciated.

Next meeting: Wednesday 17th November.

Congratulations

Congratulations to Jennifer Little (Birch Lane) and Richard Fernando (Newport, Wales) on their marriage in Kings College Chapel, Old Aberdeen on the 30th July 2004.

Both are at present living and working in Glasgow.

The Mallard and the Fox by Bob Bell

We have a small pond in our garden. I dug it out, lined it, and planted rushes on it's little island and round the verge. The rushes are untidy and unattractive but they are like the rushes that grow alongside the infant Eden beyond the Wallace Park. I chose the rushes as I did my trees, birch, larch, pine, alder, willow and rowan because I am comfortable with them. If I had added some whins I would have gone further on a sentimental journey back to Glenfarg.

One morning we were excited by the arrival of a pair of wild ducks (Mallards), you know them well because they are common, particularly the drake with it's glossy green head. They remained at the pond for about a couple of hours bobbing and splashing, obviously having a good time. We were delighted when they returned in the afternoon and again the following morning. My wife pondered if they might nest here but the only likely site for a nest was away from the pond in weeds and long grass. However when they had gone I discovered an egg on one of the stone slabs on the pond's edge. I figured it had been laid by a young inexperienced bird whose eggs were developing before it had found a territory or a site far less build a nest, so I decided to give them a helping hand. Right on the edge of the water and with an opening facing it I built a little structure of stones and turf. I made no attempts to make a nest but stuffed the box loosely with straw like strands of last year's nasturtium from the kitchen wall. I placed the egg out of sight in the centre and we kept clear of the pond for the next few days. After the ducks had been and gone I investigated and to our delight, but not my surprise, our one egg had become three. She laid a total of eleven, the drake vanished and she began to incubate. About once a day she would cover the eggs, have drink from the pond, and come looking for food my wife had provided before hurrying back to the nest. She was a good mother and with the addition of her own down the nest had become snug and warm.

When I calculated that the eggs were within a couple of days of hatching I walked towards the pond and saw to my dismay the eggs were visible. Guessing the worst I checked and saw feathers on the water. I followed the trail to the garden boundary where the fox had dragged the body of our duck through the fence. So I failed this lovely bird but my instincts had been right. They had been right solely because as a child I had known the mallard well, had observed it's habits and had many times enjoyed eating its eggs.

Nature works best when it is left alone. No doubt the fox cubs enjoyed a feast and, although my wife was upset, I lost no sleep over it; a fox would not be a fox if it was vegetarian.

It has taken some time for me to realise that it was a passionate interest in the birds their nests and their eggs that took us to every corner of the parish; a featureless field was not to be avoided if a skylark sang above it, a lapwing rested on it or a meadow pipit fluttered there; a single tall tree was not boring if at it's top there was a clump which the sun's rays failed to penetrate. A hillside of whins and rabbit holes was to be searched if a yellow hammer perched there or we spotted a whinchat or a wheatear nearby. Adults and girls did not seem to share our interest yet today the RSPB numbers its membership in millions and I as a member since the late 1940's am a poacher turned gamekeeper with a keen interest in preserving the species whose nests we had plundered. I feel sure then that there will be many people young and old in Glenfarg who enjoy watching the birds and who may be interested in comparing our thoughtless yet totally natural treatment of the subject circa 1930 when we were every bit as happy and carefree as boys today in spite of having no radio, television, telephone or computer. Perhaps the oldest in the village will have pleasure in remembering the Lapwing, Crow, Gull and the Jackdaw to name but a few.

GETTING TO THE BOTTOM OF IT!
NEW SERVICE FROM LOCAL NAPPY NETWORK

Parents wanting to find out more about modern washable nappies should benefit from a new service from Perth & Kinross Real Nappy Network (PKRNN). The Network provides parents and parents-to-be with the information, advice and support they need to make it easier to use washable nappies on their children. Parents using washable nappies can save money as well as the environment so they are a good news story all round!

Thanks to funding from the Perth & Kinross Quality of Life Trust and the Scottish Environment Protection Agency and support from Perth & Kinross Council, the Network has recently appointed a part-time Project Officer. The Project Officer can provide information, advice and support and parents and parents-to-be can arrange to view the Network's nappy "library" which contains samples of many of the washable nappies on the market. The Network does not sell nappies but can tell you where you can buy them — locally and via mail order/the web.

Project Officer Melanie Nicoll said:- "many people think washable nappies means using old-fashioned terries with pins and plastic pants but washable nappies have come a long way in the last few years. There is a wide range of washable nappies now on the market - from unbleached organic cotton and hemp nappies to the brightest colours and fun prints and many are shaped to fit and fasten with poppers or velcro. We are always keen to show parents examples of these nappies as this makes it much easier for them to choose which nappy to use and gives them a chance to chat informally about what it is really like to use washable nappies." — and I speak from experience here, having had two children in washables!"

Melanie will be taking the PKRNN nappy "library" out and about in the Perth & Kinross area over the coming months and would be delighted to hear from groups and individuals who are interested in having a talk or display of nappies. PKRNN will also be working closely with midwives, health visitors and others who are in contact with parents of young children to provide them with information and briefing materials. Parents can contact PKRNN for various information sheets, including guidance on choosing washable nappies and a list of local shops selling washable nappies or mail order suppliers.

Nearly 3 billion disposable nappies are thrown away in the UK every year, with most ending up in landfill sites where they could take hundreds of years to decompose. Using washable — or "real" nappies gives parents the chance to help reduce our growing waste mountain.

Perth & Kinross Real Nappy Network is a partnership between local parents, Perth & Kinross Council, the Scottish Environment Protection Agency, health professionals and others working to encourage more parents to use washable nappies on their children so as to reduce domestic waste.

CONTACT DETAILS

Perth & Kinross Real Nappy Network

Project Officer, Melanie Nicoll. Email: nappies@pkrnn.org.uk. www.pkrnn.org.uk.

01738 476476.

Doctors Surgeries

Loch Leven Health Centre

Lathro
Kinross
01577 862112

The Surgery

Main Street
Bridge Of Earn
01738 812000

Waste Collection

Glenfarg Green waste collection dates.

Wednesdays: October 6th
October 20th
November 17th

Paper waste collection dates.

Thursdays: October 14th
November 11th
December 9th

Mobile Library

The library van visits the village on alternate Wednesdays, 6th & 20th October, 3rd & 17th December and stop at:

The school	09.30 - 10.15
Hayfield Rd	10.15 - 10.30
Ladeside (P.O.)	10.30 - 11.15
Main Street	11.15 - 11.30
Duncrievie Rd	11.35 - 11.50

Mobile Bank

The Bank of Scotland van visits the village and stops outside the Glenfarg Hotel on Tuesdays from 11.15 - 11.40 am



Items for the newsletter

Next newsletter deadline is **15th November** for the December issue.

Please send to: newsletter@glenfarg2000.freeserve.co.uk

or post them through the door at 1 Melville Terrace.

Please email wherever possible as typed sheets just have to be typed in again.

HEATERS • RADIOS • TOASTERS • WASHING MACHINES • TELEVISIONS • VIDEOS • SATELLITE

PERSONAL CASSETTES • MICROWAVE OVENS • CALCULATORS

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FRIDGE FREEZERS

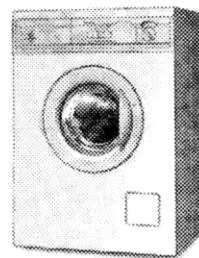
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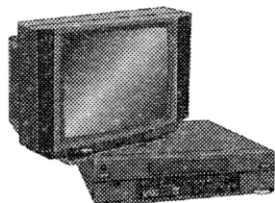


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